

## Chapter 1: Paradise Lost

1. What are the three parts that make up each individual? (1 Thessalonians 5:23; Hebrews 4:12; 1 Corinthians 2:9-11) How do these differ? (for further study, see: <https://bible.org/seriespage/2-man-trinity-spirit-soul-body>)
2. In what ways are humans different from animals? (Genesis 1:26)
3. Why do we intrinsically have a sense of right and wrong? (Romans 2:14-16)
4. Tim describes his entrance into law enforcement and the sudden awareness of the realities of society as a "baptism by fire." Describe how that sense of innocence or "paradise lost" took place in your career.





## Chapter 2: The Light of Hope

1. What are some crazy things warriors did that are recorded in the Bible? (1 Chronicles 11)
2. When people reject the authority of law enforcement officers, in reality, whose authority are they rejecting? (Romans 13)
3. What are some negative things about the police subculture? What are some positive things?
4. What are some healthy and/or unhealthy ways warriors deal with job-related-stress?





## Chapter 3: Hope is Why we Live

1. Why did Abimelech, King Saul, and Samson kill themselves?
2. Why did the armor-bearer, Ahithophel, and Zimri kill themselves?
3. What did Judas Iscariot expect from Jesus?
4. What action did he take to force the issue?
5. Why did Judas Iscariot take his own life?





## Chapter 4: Hope Gives Life Meaning

1. Why What are somethings you hoped for in life?
2. Why is hope important?
3. What is Viktor Frankl's *triad of tragedy*?
4. What was Frankl's answer to giving meaning to life?
5. Why do the things of this world never seem to satisfy? Why do we always long for more, for new, for better? (Ecclesiastes 3:11)



6. Where does our search for meaning drive us?
7. How did C.S. Lewis explain humanity's unquenchable search for meaning in the arts?
8. How do you relate to Tim's hopes and dreams of serving in law enforcement?
9. How would you respond to Tim's assessment of Frankl's search for meaning through human potential, achievement, self-betterment, and responsibility? Do you find yourself hoping for something more?





## Chapter 5: Faith in People

1. How do you answer the question, "Are human beings inherently good or inherently bad"? Why?
2. What did some great thinkers through human history think about humanity's bent toward evil?
3. How is it that humans are capable of both benevolence and evil?
4. How does morality and survival of the fittest clash?





## Chapter 6: Faith in Societies, Symptoms, and Science

1. What is the relationship between hope and faith?
2. What is the difference between emotion-based faith and evidence-based faith?
3. Explain and contrast the five world views presented. Which ones are emotion-based, and which are evidence-based?



4. What must faith have? Why?
5. Why can't societies, systems, and science be trusted? Give examples.
6. Has there been a time when the object of your faith and hope was another person, societies, systems, or science? What was the outcome of that experience?



## Chapter 7: Faith in God

1. Define faith.
2. What are some evidences that the universe was created by an intelligent being?
3. Explain the difference between *possibility* and *probability* in regard to an event taking place.



4. What is one takeaway from this chapter on developing an evidence-based faith that has most impacted or challenged your thinking?
  
  
  
  
  
  
  
  
  
  
5. Answer the questions Tim asks at the conclusion of this chapter. "What kind of faith do you have, emotional-based faith or evidence-based faith?" and "What or who is the object of that faith?"



## Chapter 8: Pain and Love

1. Why do we inherently believe pain and suffering ought not to be?
2. What does Christianity teach about evil that is different from Hinduism and Islam?
3. Will humanity ever stomp out evil? Why or why not?
4. Why is living "risky"?
5. Describe a time in your life or career when you wrestled with the question of God, evil, and suffering – "Why did God allow this evil or suffering?"
6. Describe a time when pain and suffering has produced something good in your life.



## Chapter 9: Guilt and Love

1. What is guilt?
2. Why do humans have a sense of guilt when they do something wrong?
3. Why is it normal to seek forgiveness?
4. What is the remedy for guilt?
5. Who pays the price of forgiveness?
6. How does refusing to forgive another put you in bondage?







## Chapter 10: Death and Love

1. Explain the law of *sin and death*?
2. Why did God put a tree in the Garden of Eden and then instruct Adam and Eve not to eat its fruit?
3. According to the Bible, what is the end result of sin? (Romans 6:23; James 1:15)
4. When people die “prematurely” does that mean it is a direct result of their own sin? Explain your answer.
5. Tim writes, “If the end of life is only death, there is no hope.” Do you agree with this statement? Why or why not?



## Chapter 11: Hope Restored

1. Why is hope so important?
2. Why do many people lose hope?
3. Where have you placed your hope?
4. Tim writes, "To help warriors not take the suicide option, we need to give them back what they lost or may be in danger of losing: hope." How would you explain hope to someone who has lost hope?
5. Like the centurion in Luke 7, have you recognized your limitations and called out to Jesus in faith? If not, what is keeping you from doing so?

